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- **The influence of older people on the formation of the spiritual environment in Uzbek families.**

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Annotation: This article highlights the issues of family and family relations. The features of the specific influence of experience, upbringing and advice on the organization of family relations among representatives of the older generation are described. It is shown that if the family is healthy and strong, then peace and harmony can be achieved in the neighborhood, therefore only with a strong neighborhood peace and stability will reign in the state, family well-being is the basis of national well-being, and the elderly have their place in the formation of the spiritual and moral environment interpersonal relations in Uzbek families. They are the keepers of the rich spiritual and moral values created by their ancestors, heirs and creators of new conditions, they are considered grateful teachers who educate the younger generation. The influence of older people on the formation of the spiritual and moral environment in the interpersonal relations of Uzbek families is analyzed.

Key words: family, family life, family relations, older people, influence of the family, experience of older people, motivation of older people, child, spiritual and moral environment.

The family is the highest product of human thought, this wonderful abode not only gives meaning to our life, the grace of our life, but also plays an important role in the development of society and the country, forms high human qualities.

A family in a healthy environment is one of the most important factors in raising children worthy of the country and capable of serving it, therefore ensuring the stability of the family in our country and supporting it from the material and moral sides is one of the priority areas of state policy. As Mirziyoyev noted, "even more to strengthen the sacred foundations of the family for us, to create an atmosphere of peace and tranquility, harmony and mutual respect in our homes, to fill spiritual and educational activities with concrete content. Crime among women, divorces in families has increased, young people are being drawn into various religious extremist movements. and associated with bitter and unpleasant problems that are not characteristic of our people, such as the influence of terrorist organizations. In ancient times, the family was considered a sacred Motherland. If the family is healthy and strong, then peace and harmony will be achieved in the neighborhood. Therefore, peace and stability in the state will reign only with a strong neighborhood. Because the well-being of the family is the basis of national prosperity- Looking at the history of our people, the most valuable traditions are: honesty, truthfulness , All human qualities, such as honor, modesty, kindness, diligence, are primarily formed in the family. interpersonal relationships take place in the family, that is, the first concepts of our national ideology are first formed in the family environment, and this process is taught by grandfathers and fathers. , Maternal love is realized through. In Uzbek families, older people play a role in shaping interpersonal relationships and the moral environment. They are the keepers of the rich spiritual and moral values created by their ancestors, heirs and creators of new conditions, they are considered grateful teachers who educate the younger generation.

Representatives of the older generation are also the spiritual leaders of the family. As for the elderly, we call them angels and the blessing of our home. Folk wisdom, thousands of years of experience, national traditions, values, consciousness and activity are concentrated in our way of life. They are teachers and mentors of the young birth, the medicine of life. The sages did not say in vain: "What the old man knows, the fairy does not know." The service of the older generation in educating the younger generation is beneficial, and grandparents have been diligent in establishing a

perfect way of raising a family and in establishing a truly national education and family education. They chose the most effective ways to influence the youth.

Thanks to the same old people, our house is full of grace and peace, they love children more than life, they call their grandchildren and great-grandchildren "my heart."

The rise of the cultural development of the people is also associated with reverence and respect for the older generation. Whatever path a person chooses, the wisdom and wisdom given to him by older people as vital advice and instructions will lead him to success. Also, the experience and wisdom of the older generation will be useful in deciding such moral standards in families. The advice of older people to young people can help them choose the right life goal, shaping their thinking. In Islam, receiving information from relatives and friends is also considered one of the main duties. and all the time should be the most.

Mordin Castle was besieged during the seven-year campaign of our great-grandfather, master Amir Temur. During the siege, news came that Mirza Ulugbek was born. According to the prediction of palace astrologers, Mirza Ulugbek will be both a sultan and a great scientist in the future. Amur Temur is very happy about this news. According to the rules learned in the family of Amir Temur, it was not the parents who brought up the princes, but the grandparents, the mother of Mirzo Ulugbek was Gavharshad begim, and Saraimulkhanum was engaged in his family upbringing. As a result, Mirzo Ulugbek became a rare personality, an enlightened statesman, a scientist of world renown.

Information about analytical methods:

It is known from psychology that in childhood, in accordance with age characteristics, the child's interest in the things around him, phenomena and phenomena increases, therefore the period of 3-6 years of childhood is also called the period of extreme curiosity. if they are busy, they will not be able to answer the interest and aspirations of the child and the numerous questions that arise. During this period, he needs an interlocutor who can find answers to his questions. His retired grandparents are up to the task.

Childhood adolescence is considered the most sensitive period, the child develops hormonal changes, physical development and mental growth, in psychology this period is called the period of transition from childhood to adulthood. Noticeable changes in the character of the child. He develops stubbornness, stubbornness, stubbornness, selfish traits. During such a period, it is recommended to correctly distribute the free time of children, involve them in circles, needlework, depending on their interest and talent. The family does not like the advice of grandparents. The father begins to demand from the mother the satisfaction of his needs. His demands are over the top. With children of this age, it is appropriate to be confidants, comrades, friends as much as possible.

The interest of a child at this age is full of emotions, he also develops physically and hormonally, the boy should go in for sports more, which means he should spend his energy on physical exercises, and girls should help their mothers and grandmothers with the housework.

At this age, healthy, mature children from complete families are able to choose professions that are of interest to them in the future. Such children are more engaged in mental exercises, that is, they take additional classes in order to gain a deeper understanding of subjects related to the chosen profession, of course, the head of the family, grandparents and parents look after the children.

If we look at today's families, most of them are nuclear, that is, they consist of a couple and children. Children raised in such families also develop negative traits:

- they are affected by the street environment due to lack of control;
- organize your daily routine when parents are busy with work;
- spend free time outside the home;
- there are habits of drinking, drinking and smoking;
- the rules of honor and respect are observed to a lesser extent in relation to the representatives of the older generation.

- in the future, under the influence of such an ideology, an inadequate attitude is formed, not respect and reverence, towards the elderly.

There are different types of families in society, and it is appropriate to pay special attention to the upbringing of children who develop in dysfunctional families, dysfunctional families, conflict families. Such families should be dealt with by the "Council of Veterans" at the mahalla. Civil Assembly. Our esteemed President Sh. Mirziyoyev, "Ten people in one world" on the principle of "youth", the older generation in microdistricts is entrusted with the task of educating children based on their rich experience and value.

The upbringing of children growing up in such a family is difficult, since the child does not belong in the father's family, he is addicted to alcohol, daily quarrels, problems with the source of income, he has nowhere to live. living with his mother and sisters who divorced his father, he got into a whirlpool of problems at a young age, theft, cheating and lying will develop negative qualities in himself, as a result, such children will not have a purpose in life. They live for today.

The main tasks of district activists, fathers and mothers, are to improve the health of such families, to help our youth acquire a profession, and especially to prepare our youth, who have reached the threshold of independent life, for a family.

As a result, in our society, our children grow up healthy, spiritually mature, brought up on national values and traditions.

Conclusion and recommendations:

In a word, the development of our country, the future generation of the young generation, as well as the indelible pages of our rich history, the great heritage of our ancestors, our values and traditions, which selflessly sacrifice themselves for the next generation, are in the attention of our state and the president, and they will always be in honor and respect.

Therefore, the role of representatives of the older generation in the transfer of our spiritual heritage to the younger generation is incomparable. The participation of older people in the socio-political life of society is of great importance. The greater the role and place of the elders, the more stable, peaceful and prosperous the family will be.

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